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to support the practitioner
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This is a comprehensive
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manipulation techniques. The
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describes the principles and theory of spinal manipulation and its use in clinical practice, gives detailed instructions for 35 different manipulation techniques, covering all levels of the spine, thorax

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and pelvis and features a
troubleshooting guide.

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text is divided into four main parts. The text describes the principles and theory of spinal manipulation and its use in clinical practice, gives detailed instructions for 35 different manipulation

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techniques, covering all levels of the spine, thorax and pelvis and features a troubleshooting guide.

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the last technique described
in chapter 11).

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Movement of the thoracic
spine is coupled with
movement of the adjoining
ribs. Thoracic extension

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involves concurrent
posterior rotation (external
torsion) and depression of
the posterior ribs with
elevation of the anterior
ribs. Bending to the side is
a combination of spinal
segments side bending, ribs

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on the same come together
while ribs on the opposite
side separate.

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275 images and access to a website with 56 'technique' videos - advocates an approach that uses minimal leverage to achieve a cavitation in a safe, comfortable and effective manner.

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in acquiring and refining
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videos - advocates an approach that uses minimal leverage to achieve a cavitation in a safe, comfortable and effective manner.

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Manipulation of the Spine,
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Hardcover – 1 December 2009

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intervention performed on
spinal articulations,
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asserted to be therapeutic.

These articulations in the
spine that are amenable to
spinal manipulative therapy
include the z-joints, the

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atlanto-occipital, atlanto-
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National guidelines come to
different conclusions with
respect to spinal
manipulation with some not

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recommending it, and others
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the underlying basis of the HVLA thrust technique and the best means to safely employ it in the effective management of a range of disorders of the spine and pelvic regions. The book is arranged in three sections

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to maximise understanding of what can be challenging areas to comprehend and effectively manage. Section One explores the biomechanics of movement and forces between adjacent vertebrae followed by a

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discussion of positioning
and 'locking'. These
chapters are then followed
by a discussion about safety
with particular reference to
the management of the
cervical spine. A chapter on
evidence — and what

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represents good medical
evidence – concludes.
Section Two presents – using
an ample array of clear
photographs and useful
summary boxes – over 40 HVLA
techniques ranging from the
atlanto-occipital joint

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(C0-C1) to the coccyx.

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containing over 45 minutes
of useful film footage -
this book will be ideal for
all manual therapy
practitioners dealing with
the management of the spine
and pelvic areas. Presents
the scientific basis of the

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HVLA thrust – one of the oldest and most commonly used manipulative techniques available Provides an accessible synthesis of the latest evidence for the effective use of the HVLA thrust Clearly explains

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comprehensive discussion
surrounding treatment
failures Well illustrated
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particularly important for
the management of the
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manipulation and its use in clinical practice. The accompanying DVD contains video clips demonstrating the techniques described in the book. The new edition is a highly illustrated, step-by-step guide to 41

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manipulation techniques
commonly used in clinical
practice. The book also
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essential for safe and
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manipulation techniques.
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review of spinal kinematics
and spinal positioning and
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difficulties in the
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techniques. Includes video
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lumbar HVLA thrust
techniques, kinematics and
spinal positioning that also

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text focuses on biomechanics as it relates to spinal manipulative treatment, emphasizing the applications to daily practice. Chapters cover basic mechanics, functional anatomy, mechanics of spinal

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Specific evaluative
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understand differences
between adjustive procedures
and how each should be
performed A convenient list
of joints and a joint index
are included on the end
sheets for quick, easy
reference Authors are well

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